**GREENSBURG YMCA**

JOB POSTING

**Group Exercise Fitness Instructor**

RATE OF PAY: $15 - $18/hour based on experience

HOURS PER WEEK: 1 - 10 hours/week

REQUIREMENTS: Any group ex cert accepted for higher pay rate

 APPLY: **Send Resume to:**

GEFI/YMCA HR

226 South Maple Avenue

Greensburg PA 15601

**Email:** kbraha@westmorelandca.org

 **Fax:** 724-834-0669 *(Attn: Krista)*

**Apply online**: <http://greensburgymca.org/careers/job-postings/>

Responsibilities: Teaches scheduled classes, beginning and ending on time; provides adequate warm-up, exercise, stretching, and cool down. Instructs patrons on effective workout methods; explains proper techniques, demonstrates exercises; identifies different muscle groups, and teaches appropriate methods to strengthen specific muscles. Prepares appropriate equipment, music, and workouts for each class taught while assisting patrons, answers questions, and maintains a positive exercise experience for members and class participants. Keeps management informed of activities, facility needs, and significant problems. Ensures that safety standards are met, and that department and facility policies are adhered to. \*UNITY TOWNSHIP Availability

YMCA IS AN EQUAL OPPORTUNITY EMPLOYER