


GREENSBURG YMCA YOUTH AGE RESTRICTIONS

	6 Months - 7 Years	8 - 10 Years	11 - 12 Years	13 Years	14 - 17 Years
Child Watch	●	●	●		
Cardio Room: w/ Safety Orientation			●	●	●
Cybex Room: w/ Safety Orientation			●	●	●
Free Weight Room: w/ Safety Orientation					●
Gym: w/ Parent or Guardian		●			
Gym			●	●	●
Racquetball Court: Reservation Required			●	●	●
Group Exercise					●
Pools			●	●	●
Pools w/Parent or Guardian Supervision		●			
Hot Tub					
Sauna					

Please refer to our Membership Handbook for our detailed Youth Policy and Code of Conduct.