

FOR YOUTH DEVELOPMENT FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

## **Acro Cheer & Dance Class**

This is a cross over class that integrates acrobatics, cheer, and dance. These classes will teach flexibility, balance, and strength. Cheerleading basics will include cheer motions, jumps, stunts, cheers & chants. 8 count dance routines will be taught and intermixed with acrobatics and cheer. The program is COED for ages 4-12. Proper gym attire and athletic shoes required. (clean indoor use sneakers for practice)

> COME TRY A FREE CLASS! (Email coachjessica5@gmail.com)

> > Armory (Annex) Building 308 N. Pennsylvania Ave

MONDAYS October 26-December 14

Level 1 4:30-5:15 (ages 4-6) Level 2 5:15-6:15 (age 7-12)



8 week session Members-\$96 Non-Members-\$192

For more information on cheerleading call 724-834-0150 Greensburg YMCA, 101 S. Maple Ave, Greensburg, PA 15601 Visit www.greensburgymca.org Email contact coachjessica5@gmail.com

The YMCA will not turn away for the inability to pay. Ask about our financial assistance.



