



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Greensburg YMCA Youth Volleyball

This developmental course is designed to teach the skills and techniques used in volleyball. We will focus on passing, setting, blocking, serving, receiving, and the use of formations in a game. We will learn the importance of team structure and targeting the key components of the game. This class is open to our Y Winners (ages 8-14) of any experience levels. Classes will end with scrimmages implementing skills obtained throughout the course.

This class will be available to our Y Winners (ages 8-16).

September 8-October 27

THURSDAYS

6:15-7:15pm (ages 8-11)

7:17-8:15pm (ages 12-16)

Greensburg YMCA Gym

\$52.00 Member

\$72.00: Non-member

Registration can be completed over the phone at 724-834-0150 or at the Greensburg YMCA welcome center.

Youth Volleyball Participant Name: _____

Age Group (circle one): Ages 8-11 Ages 12-16

Birthday ____/____/____ Age: _____

T-Shirt Size (circle one):
YOUTH Small Medium Large ADULT Small Medium Large Other _____

Email (required): _____

Address: _____ City/State/Zip _____

Parent/Guardian Name: _____ Phone Number: _____

FOR ADMIN. USE: Amount Paid: _____ Date Paid: _____ Emp. Int.: _____ Received Card: Y / N