

GREENSBURG YMCA YOUTH AGE RESTRICTIONS



	6 Mo - 7 Yrs	8 - 10 Yrs	11 - 12 Yrs	13 Yrs	14 - 17 Yrs
Child Watch	●	●	●		
Cardio Room: w/ Safety Orientation			●	●	●
Cybex Room: w/ Safety Orientation			●	●	●
Free Weight Room: w/ Safety Orientation					●
Gym: w/ Parent or Guardian	●	●			
Gym			●	●	●
Racquetball Court: Reservation Required			●	●	●
Group Exercise					●
Pools			●	●	●
Pools w/Parent or Guardian Supervision	●	●			
Hot Tub					
Sauna					

Please refer to our Membership Handbook for our detailed Youth Policy and Code of Conduct.