

FOR YOUTH DEVELOPMENT FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

Greensburg YMCA Youth Coed Gymnastics Program

Fall 2 Dates: October 28, 2018—December 22, 2018

	Member	Potential-Member		
8 Week Session	\$100.00	\$200.00		
2nd Child Discount (10%)	\$90.00	\$180.00		
3rd Child Discount (25%)	\$75.00	\$150.00		

CLASSES (AGE OF PARTICIPANTS)

Parent-Tot (18 months—2 years)
Tumbling-Tot (Age 2-if coming out of P-Tot,—3 yrs.)
Preschool Gym (Ages 4—5 years)
Gym Gems (Ages 6—7 years)
All Events Gym (Ages 8 years and up)
Tumbling 1, 2, and 3 (Ages 7 years)
Ninjastics (Ages 5-12 years)

☆Private Lessons & Body Shapes Clinic, Nov.10, 3:30-5:30pm
☆ Contact Shawn Rause for more information.
s.rause@gbgymca.org or 724-834-0150 x 113

Class Cancellation:

☆ All classes will be cancelled on Wed, Oct. 31st, (Halloween) & Tues, Nov. 6th (Election Day). Classes on Sat, Nov, 3rd, will replace those Tues & Wed classes of the Fall 2 Session. Please see your child's instructor for class make up options.

"POTENTIAL MEMBERS" • ASK ABOUT ADVANTAGES OF BECOMING A MEMBER • ½ PRICE ON CLASSES

Class	☆Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Parent-Tot				5:30-6:15pm			
Tumbling-Tot		6:15-7:00pm	5:00-5:45pm				
Preschool Gym		6:45-7:30pm	5:45-6:30pm				
Gym Gems			4:45-5:45pm	7:30-8:30pm			
All Events Gym		7:30-8:30pm					
Tumbling 1, 2, & 3	7:30-8:30pm						
Ninjastics		7:00-8:00pm					
Body Shapes Clinic	Saturday, November 10th, 3:30-5:30pm. The cost is \$20 for Y members & Non-members. COED for ages 5 and up.						

TO ENSURE SAFETY, ABSOLUTELY NO OTHER "MAKE-UPS" IN ALL CLASSES WILL BE GRANTED. ANY CLASSES CANCELED DUE TO INCLIMATE WEATHER, WILL BE INSTRUCTOR ASSIGNED MAKE-UPS.

To register or payments:

Visit the Greensburg YMCA Welcome Center,

Call 724-834-0150, if you are a past participant/member

Or visit our website at www.greensburgymca.org.





FOR YOUTH DEVELOPMENT FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

Fall 2 Session of Gymnastics: Oct. 28th-Dec. 22nd 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Saturday, and Sunday times are available for Gymnastics style or Ninja Warrior themed Birthday	A The session There is a siblin					
parties. Call Shawn Rause to schedule your party, school group, scouts, church, or any other groups.	Pre Team 5:00-6:30 pm Jen/Amy/Kalina			Pre Team 4:30-6:00 pm, or 6:00-7:30 pm Jen/Kalina/Amy	Competitive Team Levels 3 & 4 9:30am-12:30 Level 2, once a month	
724-834-1367 or email s.rause@gbgymca.org	Competitive Team, Level 2 5:00-8:00pm Jen/Amy/Kalina	Competitive Team Levels 3 & 4 5:00-8:00pm Kari/Lori/Amy/Jen		Competitive Team, Level 2 4:30-7:30pm	Competitive Team Levels 6, 7, & 8 11:30am-2:30	
Competitive Team Levels 3 thru 8 5:00-8:00pm Kari/Lori/Tiffany/ Kristi	Tumbling-Tot 6:15-7:00 pm Ms. Kalina	Gym Gems 4:45-5:45 pm Ms. Jen	Competitive Team Levels 6/7/8 5:00-8:00pm Kari/Lori/Jenny Julie		Competitive Team, Level 2, Attend one of the Saturday practices during the month at 9:30am-12:30pm or Wednesdays, 5:00-8:00pm if any 3 hour Friday practices are not attended	
	PreSchool Gym 6:45-7:30 pm Ms. Amy	Tumbling-Tot 5:00-5:45 pm Ms. Amy	Parent-Tot 5:30-6:-15 pm Ms. Julie			
Tumbling 1,2, & 3 8:00-9:00 pm	Ninjastics, 7-8 Ms. Jen All Events Gym 7:30-8:30 pm Ms. Amy	PreSchool Gym 5:45-6:30 pm Ms. Jen	Gym Gems 7:30-8:30 pm Ms. Julie			

These classes are 45 minutes long and meet once a week.

The following classes are one hour long and will meet once a week. They will also have skill evaluations during the 6th & 7th weeks, and a summary of skills provided for each eight week session.

The focus of these classes will be on developing floor, trampoline Tumble-Trak, and spring board tumbling skills.

2 Hr Clinics are for students ages 5 & up, beginner thru advanced. All equipment will be utilized. These will rotate on different Saturdays during the months throughout the year. The cost is \$20.00 for members and non-members.

To register for any of our gymnastics programs, visit our Y Welcome Center/front desk or call, 724-834-0150 Ext 111 or register online visit www.greensburgymca.org

For more information please contact Jennifer Jubec, <u>i.jubec@gbgymca.org</u> or call, 724-834-1367.

^{*}Parent-Tot is for students ages 18 months to 2 years (All equipment will be explored).

^{*}Tumbling-Tot is for students ages 2 (if they have attended Parent-Tot class previously) to age 3

^{*}PreSchool Gym (PSG) is for students ages 4 & 5 years (Basic skills will be introduced and evaluated)

^{*}Gym Gems (GG) is for students ages 6 & 7 (All equipment will be utilized).

^{*}All Events Gym (AEG) is for students ages 8 & up beginner thru advanced. All equipment will be utilized.

^{*}Tumbling 1 & 2 (Beginner & intermediate) *Tumbling 3 (Advanced) ages levels ages 7 & up.

^{*}Ninjastics (Ninja Warrior-Gymnastics) is for students ages 5 & 12 (All equipment will be utilized).