

# GREENSBURG YMCA YOUTH AGE RESTRICTIONS

## 6 Months - 7 Years

Child Watch  
Gymnasium with Parent or Guardian  
Racquetball Court with Parent or Guardian  
Pools with Parent or Guardian\* in Pool

*\*Non-member parent/guardian must purchase a Day Pass.*

## 8 - 10 Years

Child Watch  
Cardio Room with Parent and Safety Orientation  
Cybex Room with Parent and Safety Orientation  
Gymnasium with Parent or Guardian  
Racquetball Court with Parent or Guardian  
Pools with Parent or Guardian Supervision  
Group Exercise limited to Non-Weight Bearing Classes  
and at Grp Ex Instructor Discretion

## 11 - 12 Years

Child Watch  
Cardio Room with Safety Orientation  
Cybex Room with Safety Orientation  
Gymnasium  
Racquetball Court  
Pools  
Group Exercise limited to Non-Weight Bearing Classes  
and at Grp Ex Instructor Discretion

## 13 - 17 Years

In all areas, we strongly suggest a Safety Orientation  
Cardio Room  
Cybex Room  
Free Weight Room  
Gymnasium  
Racquetball Court  
Pools  
Group Exercise Including Weight-Bearing and at  
Grp Ex Instructor Discretion

Updated  
2/6/2020

YOUTH MEMBERS ARE NOT ABLE TO PURCHASE BRING GUESTS

YOUTH MEMBERS 15 AND UNDER ARE NOT ABLE TO PURCHASE A DAY PASS