

## ANNOUNCEMENTS

### HELP OUR Y HELP OUR COMMUNITY

We need our community's help in finding great staff for our Y.

- Child care positions (ECLC & BASE) for fall
- Adult Care Community Participation Support
- Lifeguards

Please consider joining our team or referring a friend!

### MARINES TRAINING IN Y POOL

We are excited to host the U.S. Marines both Saturday and Sunday (Aug. 13 & 14) for Aquatic Training. They will be utilizing 2 lanes in the Main Pool from 8 a.m. until noon both Saturday and Sunday.

### AQUATICS REGISTRATIONS

Registrations for our aquatics programs will be beginning soon.

- Registration for Fall/Winter GYST will be available next week!
- Registration for Fall 1 Swim Lessons will open August 19.

### FITNESS FACILITY HOURS

Mon.-Thurs.: 5:30 am-8pm

Friday: 5:30 am-6:30 pm

Sat. - Sun.: 8 am-Noon

### OPEN SWIM (ALL MEMBERS)

Tuesday: 3:30-5 pm

Wednesday: 10 am-11am

Friday: 4 pm-5:30 pm (Warm Pool Open)

Saturday: 10 am-11 am

## EVENTS & MORE

### SCHOOL SUPPLIES NEEDED

Greensburg-Salem School District is collecting school supplies in August to distribute to those less fortunate in a Back to School event at Offutt Field. Please consider donating school supplies such as backpacks, notebooks, markers, crayons, and pencils to kids who may not be able to afford them. Please drop off any donations in box at the lobby.

### PICK-UP VOLLEYBALL

#### ADULT AND YOUNG ADULTS

Mondays, 6:30 p.m. - 8:30 pm. Free for members/\$5 for non-members.

#### ELEMENTARY-AGED

Boys and Girls - Saturdays, 11 a.m.- 1 p.m. Free for members and \$5 for non-members.

### +POOL (ADD-ON REQUIRED)

Monday: 5:30 am-11 am | 3 pm-7:30 pm

Tuesday: 3-7:30 pm

Wednesday: 5:30-11 am | 3-7:30pm

Thursday: CLOSED

Friday: 5:30-11 am | 3-6 pm

Saturday: 8 am-11 am

Sunday: 8 am-11 am

## GROUP EX HAPPENINGS...

### MONDAY, AUGUST 8

11 am - Happy Hinges (+Pool Only)

11:30 am - Les Mills BODYFLOW

### TUESDAY, AUGUST 9

9:15 am - Les Mills BODYPUMP

10:15 am - Les Mills BODYFLOW

10:30 am - Silver and Fit Experience

11:25 am - Silver and Fit Yoga

5:20 pm - Les Mills GRIT SERIES

6 pm - Les Mills BODYPUMP

### WEDNESDAY, AUGUST 10

9:30am - Les Mills BODYFLOW

10 am - Aqua Ex (+Pool Only)

5:00 pm - Les Mills GRIT SERIES

5:40 pm - Les Mills BODYFLOW

### THURSDAY, AUGUST 11

9:15 am - Les Mills BODYPUMP

10:15 am - Les Mills BODYFLOW

10:30am - Silver and Fit Experience

11:25 am - Silver and Fit Yoga

5:30 pm - Les Mills BODYPUMP

6:30 pm - Les Mills GRIT SERIES

### FRIDAY, AUGUST 12

9:15 am - Les Mills BODYPUMP

11 am - Happy Hinges (+Pool Only)

### SATURDAY, AUGUST 13

8:15 am - Les Mills BODYPUMP

### SUNDAY, AUGUST 14

9:15 am - Les Mills GRIT

9:55 am - Les Mills BODYFLOW

10:50 am - Les Mills BODYPUMP Express