

## ANNOUNCEMENTS

### TOYS FOR TOTS DROPOFF

The Greensburg Y is proud to serve as a drop off location for the annual Marine Toys for Tots Program. It is the 75<sup>th</sup> anniversary of the program. Please consider a donation of new unwrapped toys that will be distributed to those less fortunate children at Christmas. A drop-off box is located in the Welcome Center.

### CANNED FOOD DRIVE AT THE POOL

Help build a tree under the tree! **CAN** you help us build a food tree? Beginning Dec. 12, the Aquatics Department will be collecting canned goods for under the tree on the pool deck! These items will be collected through January 15 for the Westmoreland County Food Bank. Only nonperishable canned items please! Help us build a "food tree" for our neighbors in need! Desperately needed items: peanut butter (no glass just plastic), canned soups, stews, veggies and fruits, canned tuna or chicken, canned pastas and other canned items!

### FITNESS FACILITY HOURS

Mon-Thurs.: 5:30 am-8 pm  
 Friday: 5:30 am-7:30 pm  
 Saturday: 7:30 am-2 pm  
 Sunday: 8 am-2 pm

### OPEN SWIM (ALL MEMBERS)

Wednesday: 9 am-10 am  
 Saturday: **CLOSED**  
 Sunday: 10 am-11 am (**Warm Pool CLOSED**)

## EVENTS & MORE

### GIFT CARDS AVAILABLE

Are you looking for the perfect gift for family and friends? A perfect gift for the holiday season is a YMCA gift cards. Gift cards are now available at the Welcome Center.

### HOLIDAY MEMBERSHIP PROMO

The Y will offer its 30 Days for \$30 membership promotion from Dec. 1-30. This is a perfect promotion for college students who are home for the holidays. They can work out, avoid a join fee and not worry about canceling their membership...it automatically terminates after 30 days. +Pool membership is \$10 extra.

### AQUATICS NEWS

The GYST swim team will host a swim meet Saturday, Dec. 3. The pools will be closed Saturday all day, and the Gym will be closed beginning at 10 a.m.

### +POOL (ADD-ON REQUIRED)

Monday: 5:30 am-11 am|3 pm-7:30pm  
 Tuesday: 3 pm-7:30 pm  
 Wednesday: 5:30 am-11 am|3 pm-7:30pm  
 Thursday: **CLOSED**  
 Friday: 5:30 am-11 am|3 pm-6 pm  
 Saturday: **CLOSED**  
 Sunday: 8 am-11:30 am

## GROUP EX HAPPENINGS...

### MONDAY, NOVEMBER 28

11 am - Happy Hinges (+Pool Only)  
 11:30 am - Les Mills BODYFLOW

### TUESDAY, NOVEMBER 29

11 am -Noon- Silver and Fit  
 Noon-Yoga Class (Studio A)  
 5:20 pm - Les Mills GRIT SERIES  
 6 pm - Les Mills BODYPUMP

### WEDNESDAY, NOVEMBER 30

9:30am - Les Mills BODYFLOW  
 10 am - Aqua Ex (+Pool Only)  
 5:00 pm - Les Mills GRIT SERIES  
 5:40 pm - Les Mills BODYFLOW

### THURSDAY, DECEMBER 1

11 am -Noon- Silver and Fit  
 Noon-Yoga Class (Studio A)  
 5:30 pm - Les Mills BODYPUMP

### FRIDAY, DECEMBER 2

9:15 am - Les Mills BODYPUMP  
 11 am - Happy Hinges

### SATURDAY, DECEMBER 3

8 am - Les Mills BODYPUMP

### SUNDAY, DECEMBER 4

9:15 am - Les Mills GRIT  
 9:55 am - Les Mills BODYFLOW  
 10:50 am -Les Mills BODYPUMP Express