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Greensburg YMCA Enhancing Tots Sports Program, Full Slate Scheduled

GREENSBURG — Getting youth, especially toddlers, involved in fitness and exercise activities at an early age is increasingly challenging. The Greensburg YMCA, though, is providing parents solutions for this concern.

The Y is offering a series of Tots Sports programming for toddlers 2- to 4-years-old in three different sports over the next several months and into 2023.

“Our Tots sports have been very popular over the years,” said Scott Brown, the Y’s Sports and Wellness Director. “Parents struggle finding opportunities for their toddlers to engage in organized fitness activities at an early age, and we have been able to provide the venue for this important activity.

“Providing these programs for toddlers falls right into our mission statement of placing Christian principles into practice through programs that build a healthy spirit, mind and body for all,” Brown added. “In this case, it is for children, ages 2 to 4.”

The programs begin in November, and parents can select either Monday or Wednesday evenings from 5:45-6:30. The sports are:

- Tots Basketball—Nov.7-Dec. 7. Parents can select either Monday or Wednesday night dates, from 5:45-6:30 p.m. A Snowflake Classic game will be played Saturday, Dec. 10 at 9 a.m.
- Tots Football—Jan. 9-Feb. 1, 2023, with a Tots Super Bowl game scheduled for Saturday, Feb. 4 at 9 a.m.
- Tots Soccer—March 6-29, 2023, with the Tots World Cup, Saturday, April 1 at 9 a.m.

Fees for each program are \$55 for Greensburg YMCA members and \$75 for non-members. All the programs will be indoors at the Y gymnasium.

Registration for the programs can be completed on line at www.greensburgymca.com. For more information, call Brown at (724) 834.0150, ext. 113, or email him at s.brown@gbgymca.org.

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The Greensburg YMCA is a non-profit, charitable organization open to all people, regardless of age, sex, race, religion, ability or income. Incorporated as a non-profit by the state of Pennsylvania in 1890, our mission is to put Christian principles into practice through programs that build a healthy spirit, mind and body for all.