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Greensburg YMCA

Members Quarterly Newsletter April 2023

From the President of the Board....

DR. SYDNEY BEELER

Hi YMCA Community...
Welcome to the new membership newsletter!



Spring has sprung at the Greensburg Y, and it is a great time to get in and get connected. One of our hopes with this newsletter is to share the many wonderful stories of the Greensburg Y's impact in our community. To start, I thought I would share a little bit about myself, my family, and our YMCA story.

My family and I moved to Greensburg in 2016, and the Y was literally the first place we visited. We had signed our kids up for track and field, which on that April day was taking place in the gym as it was snowing outside. We met some great people at that practice, and my husband and I were able to get in a good workout. Fast forward seven years later, and the Greensburg Y has been a second home between childcare, workouts, summer camp, and sports! My family believes wholeheartedly in the mission of the Y and we are grateful for this community! Please feel free to say hi anytime you see us working out or shooting hoops in the gym!

One of the Y's focal points is our youth, specifically, middle school. This month the Y started a pilot, middle-school program that we hope will expand next fall. The Middle School Program seeks to develop eighth graders' social skills and self-confidence through new experiences. With your support and the support of the community, the Greensburg Y has a unique opportunity to shape the lives of our youth.

Finally, we are very excited about the reopening of our Early Childhood Learning Center, and expansion of BASE sites and child watch hours!

See you around the Y!

NEWS AND NOTES FROM THE GREENSBURG Y



PICKLEBALL BIG AT THE Y!

Pickleball (See Above) continues to thrive at the Y. Pick-up games are held four times a week: Mondays (9-11 a.m.); Wednesdays (1-3 p.m.); Thursdays (6-8 p.m.); and for intermediate/advanced players, Sunday (8:15-10:15 a.m.).

FAMILY FUN NIGHT—APRIL 21

Our Y will hold the final Family Fun of the 2022-23 series, Friday, April 21, from 5:30-7:30 p.m. There will be a lot of fun and activities for the entire family to enjoy.

NEW WEBSITE UNVEILED

We are proud to launch our brand new website. Not only is there a new look, but we have improved navigation. It remains as one of our main communication tools for the Y. The address is the same: www.greensburgymca.org. Please check out the new site and refer to it for all your up-to-date Y news and information.

CHILD WATCH EXTENDS HOURS

Thank you for your feedback, and as a result, we have increased Child Watch hours: Child Watch is now available:

- Monday-Thursday., 4:30-6:30 p.m.
- M, W, F and S, 8:30-11:30 a.m.

MEMBER APPRECIATION DAYS

Thank you for being a part of our Y Community! Member Appreciation Days for the next three months are: April 10, May 9 and June 14. . Stop by the Welcome Center for a special treat.

From the CEO's Chair...

SUZANNE PRINTZ



Welcome to our quarterly membership newsletter! We are excited to offer this method of communication to you as we haven't done a newsletter in quite some time.

We are grateful for each one of you who have reinvested your lives and your treasure in our Y. I want to express to each and every one of you my sincere gratitude for choosing our Y for your health, wellness, youth, child care, or adult care services needs.

We are working hard behind the scenes to address improvements in our facility as well as our programs.

We have a great team of staff and volunteers who are dedicated to revitalizing our Y. The one thing that holds us back from being everything we can be is staffing. Without staff and volunteers, we are hampered in our ability to provide our important mission work. If you are interested in joining us, please visit our "Careers/Volunteers" tab on our newly designed website.

Thank you for your investment in our Y.

May God richly bless you.



MEMBER SPOTLIGHT

CALVIN POLLINS

Calvin Pollins of Greensburg has been a member at the Y for more than 35 years. He has been through all the changes and challenges the Y has faced over this time. Mr. Pollins always maintains a positive attitude and his kindness and friendliness among our members and staff are contagious. He took a few minutes for the Member Spotlight Q & A sessions:

Why did you join the Greensburg Y?

To relieve stress years ago when I was working and couldn't jog because my knees were wearing out.

What's your favorite part of being a member of the Y? Comradery! Gets me up and moving in the morning, and off the farm.

What is your current occupation?

Retired from Beckwith Machinery

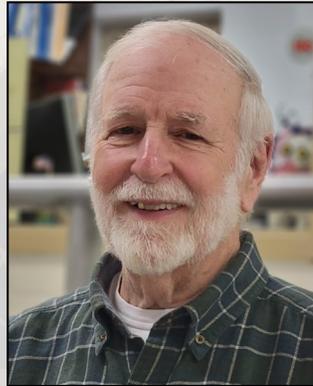
How do you define success? Hard work.

Who inspires you? My parents.

What's the next place on your travel bucket list? Nowhere (emphatically).

If you could choose anyone as a mentor, who would you choose and why? Richard Braun Latrobe H.S. health teacher in the 50s. He was very

fair.
What's something about you (a fun fact) that not many people know? I collect model farm tractors.



What's the last book you read? Lee Iacocca

What is your favorite hobby? Working on the farm.

Currently binge-watching any shows? I only watch the evening news.

If you had to eat one meal every day for the rest of your life, what would it be? Broiled Cod, Toasted cheese with raw onions and a pickle.

What's one item you can't live without? My wife Mary and chocolate.

FIND YOUR PURPOSE: JOIN OUR Y STAFF:

We are still looking for great people to join our Y staff family. If you or someone you know are interested in employment, there are several positions we especially need to fill:

Early Childhood Learning Center:

- Head Teacher
- Assist. Head Teacher

Before School Enrichment:

- Group and Assistant Group Supervisors

After School Enrichment:

- Group and Assistant Group Supervisors

Summer Camp:

- Group and Assistant Group Supervisors

Others:

- Lifeguards
- Maintenance/Custodians

FITNESS FACILITY HOURS

**Monday-Friday:
5:30 a.m.-8 p.m.**

**Saturday:
7:30 a.m.-2 p.m.**

**Sunday:
8 a.m.-2 p.m.**

CONTACT INFORMATION

**Welcome Center: 724.834.0150,
ext. 111**

Website: www.greensburgymca.org



Scan for website



Scan Here to Apply



HOLIDAY HOURS

Good Friday (April 7)—6 a.m.-Noon
Easter (April 9)—CLOSED
Memorial Day (May 29)—6 a.m.-Noon

Aquatics, Sports and Wellness News...

- **Pick-up Volleyball (Ongoing)**— Mondays, 6:30-8:30 p.m.
- **New GroupEx Class:** A new class was added to the group exercise lineup in early March. Les Mills Grit Strength, taught by Beth Biondi, started March 6 and will be offered every Monday at 6 p.m. Group exercise classes are free for members and \$5 a class for non-members.
- **Pool Opened 7 Days a Week:** Our pool now is open seven days a week for +Pool members and three days a week for open swim (for all members). The pool was opened last month for +Pool members on Thursdays, from 3-7:30 p.m.

COMING EVENTS/PROGRAMS

- Aquatics—Spring 2, Sessions April 23-May 6 Registration begins April 1
- Elementary Volleyball League— Begins April 4, Tuesdays, 6:30-8 p.m.
- Gymnastics—Spring 2 Sessions, May 9-June 13. Registration begins April 30.
- Steve Snider "It's a Beautiful Day" 5K— Monday, May 29 (Memorial Day), 8:30 a.m.
- Check website and gym for more sports programming in coming months.

STORIES, IDEAS AND MORE

We hope you enjoy our new quarterly members newsletter. If you have a great story, comments or ideas you would like to share for the newsletter, please do not hesitate to email Ron Wahl at r.wahl@gbgymca.org.