



# Greensburg YMCA THIS MONTH AT THE Y NOVEMBER 2023



**Have a Happy and Blessed Thanksgiving!**

## HOLIDAY HOURS:

**Thanksgiving Day (11/23)—Closed**

## JOIN OUR Y FAMILY!

We are still looking for great people to join our Y staff family. There are several positions we especially need to fill:

- Adult Daily Care Professionals
- Child Care Services Director
- Lifeguards—All Shifts
- Maintenance/Custodians

To apply scan below or go to our website at [www.greensburgymca.org/careers](http://www.greensburgymca.org/careers).

**Apply Online  
Scan Here!**



## 32nd ANNUAL TURKEY TROT

Our Y again is the main benefactor for the 32nd Annual Greensburg Turkey Trot, scheduled for Thursday, Nov. 23. We will host the pre-race packet pickup in our gym, and volunteers are needed to work 2-hour shifts from noon–6 pm, Wednesday, Nov. 22. We also need help on race day Thanksgiving Day, Thursday, Nov. 23. Please email Ron Wahl at [r.wahl@gbgymca.org](mailto:r.wahl@gbgymca.org) if interested.

## DON'T FORGET...MOBILE APP!

Our Mobile App is a great way to get all the up-to-date information on all our Y programs. To download app, search for "YMCA of Greensburg" in:



## TELL US YOUR Y STORY!

We are looking for testimonials and impact stories from you. Please visit our website at [www.greensburgymca.org/membership/this-is-my-y-story](http://www.greensburgymca.org/membership/this-is-my-y-story) or scan below to tell us your Y story! Receive a free one-day pass for submitting your story.



**Scan Here**



## CHILD WATCH

Let us watch your children while you work out. Our Child Watch service is available six days a week. Daily hours are:

- Monday, Wednesday, Friday and Saturday, 8:30–11:30 am
- Monday–Thursday, 4:30–6:30 pm

## EARLY CHILDHOOD LEARNING CENTER NEWS

- Our ECLC has openings in our Preschool and Pre-K classrooms, and limited openings in our toddler and infant rooms. If you are in need of childcare, please contact ECLC Director Dusty Harris at [d.harris@gbgymca.org](mailto:d.harris@gbgymca.org).
- **ECLC THANKSGIVING LUNCHEON.** Our Early Childhood Learning Center will hold its annual Thanksgiving Day Luncheon in our gym on Wednesday, Nov. 22. Family members are invited to attend and are asked to donate a side dish or dessert!

## NOVEMBER HAPPENINGS

### MEMBERSHIP/WELCOME CENTER

Thank you for being a part of our Y Community. November's Membership Appreciation Day is Tuesday, Nov. 14. Stop by the Welcome Center desk for a free snack.

### FAMILY FUN NIGHTS RETURN

The first Family Fun Night of this year's series is Friday, November 17. The theme for the event is "We are Thankful @ the Y." The fun takes place in our gym on the third Friday of the month and are FREE to our members and nominal fee for the public community. We will have themed crafts, snacks and heart-pumping activities.

### WELLNESS DEPARTMENT

Our Wellness Department has introduced two new programs:

- **PERSONAL TRAINING:** Please visit our website or contact Brenda Willett at [b.willett@gbgymca.org](mailto:b.willett@gbgymca.org) to set up appointments and for program details.
- **PILATES:** Held Mondays (chair) and Wednesdays (mat) at noon. For more information, contact Maryellen Haddock at [m.haddock@gbgymca.org](mailto:m.haddock@gbgymca.org).

## QUOTE OF THE MONTH

"Peering from some high window, at the gold of November sunset and feeling that if day has to become night, this is a beautiful way."

— E. E. Cummings