



Greensburg YMCA THIS MONTH AT THE Y MAY 2024

RIBBON-CUTTING EVENT

We're thrilled to announce the arrival of brand-new fitness equipment! Join us on Thursday, May 2 at 4:00 pm as we officially reopen the Cardio, Weight Machine and Free Weight rooms.

MAY MEMBERSHIP PROMOTIONS

Membership will be running the popular "Pay the Day" promotion during the month of May. New members can join based on the day of the month they sign up—the earlier in the month, the less the membership fee is. For instance, on May 1, prospective members can join for \$1 and so on. This is a great time to experience the great programs and amenities of the Greensburg Y. We also have a 3-month summer membership for college students from May 15–Aug. 15. For details, inquire at the Welcome Center.

MEMBER APPRECIATION DAY

Thank you for being a part of our Y Community! Stop by the Welcome Center on Wednesday, May 15 for a snack after your workout.

COFFEE & CONVERSATION

Join us for our next Coffee & Conversation on Wednesday, May 15 at 12:15 pm in the Y lobby. Our topic for the month will be summer reading. Call our Welcome Center at 724-834-0150 ext. 111 to let us know you'll be attending.

HOLIDAY HOURS:

Memorial Day (5/27)—6 am–Noon

GYMNASIUM CLOSURES

The gymnasium will be unavailable from 4:15 pm to close from May 27 – 30 due to basketball leagues. There will be no evening pick-up sports during this time.

STEVE SNIDER 5K

Our Y is presenting the annual Steve Snider "It's a Beautiful Day" 5K, Memorial Day, Monday, May 27 at 8:30 a.m. The race is in memory of the life and legacy of beloved Coach Steve Snider. For more information, go to our website at www.greensburgymca.org.



MAY HAPPENINGS

AQUATICS:

- May is Drowning Prevention Month. Everyone who visits the pool can pick up a free information packet on water safety all month long. We'll also have a swim student coloring contest, a bathing suit color safety demonstration and several lifeguard rescue drills during the month. Stop by the pool and check out all of the activities.
- The Greensburg YMCA will host the swimming events for this year's Westmoreland County Senior Games. The activities will begin at 9:00 am on Friday, May 17. For more information, visit www.co.westmoreland.pa.us/765/Westmoreland-County-Senior-Games.
- Registration is open for GYST's summer session. The season will begin on May 20. For more information, contact Kris Peters at k.peters@gbgymca.org.

SPORTS:

- Register now for our Pickleball Tournament. This round-robin event will take place on Sunday, May 19 from 2–5 pm. \$12 members, \$18 non-members.
- Effective May 1, pick-up sports will return to \$5/person/day.
- Pick-up volleyball will begin at 7:15 pm on Mondays now through May 13. Please note the gymnasium closures listed above.

FOR MORE INFORMATION ON ANY PROGRAMS OR EVENTS, PLEASE VISIT
greensburgymca.org or call 724-834-0150