



SEPTEMBER 2024 Greensburg YMCA THIS MONTH AT THE Y



HOLIDAY HOURS:
LABOR DAY 9/2—6 am-Noon
ALL GROUP EX CLASSES
CANCELLED
POOL OPEN 6:00—11:00 am

GYM CLOSURE
Fri Sept 6 through Sun Sept 8

SAVE THE DATE FOR FALL FEST
Fri, Oct 18 5:30 –8:00 pm.. Live music, fun & games, refreshments for the whole family.

DON'T FORGET-MOBILE APP!
Our Mobile App is a great way to get all the up-to-date information on all our Y programs. To download app, search for "YMCA of Greensburg" in Google Play or App Store or click the link below.



FOR INFORMATION ON ALL PROGRAMS OR EVENTS, PLEASE VISIT OUR WEBSITE AT:
greensburgymca.org or call 724-834-0150.

HAPPY FALL!
Don't forget to check out the mobile app for all the latest schedule information. Many Group Ex classes have changed times and/or location and new classes have been added. Pick-up sports also have new times. Click [here](#) for Group Ex Schedule. Click [here](#) for Pick-up Sports schedule.

AQUATICS NEWS

- The Aquatics Department has announced new hours for the main pool. Many of these are +POOL only.
M/W/F 5:30 am-11 am
M-TH 3:30 pm –7:30 pm
F 3:30 pm—6:30 pm
Sat 7:30 am –11:00 am
Sun 8:00 am –11:00 am
- Warm Pool Sun 9-10:45 am starting Sept 8.
- Swim team practice starts Sept 3
M-TH Greensburg Salem Swim Team 3:30-5:30 and GYST 6:00 – 7:30. F GBS 3:30-5:30.,

QUOTE OF THE MONTH
"Happily, we bask in this warm September sun, which illuminates all Creatures."
– Henry David Thoreau

SEPTEMBER HAPPENINGS
MEMBERSHIP/WELCOME CENTER
Thank you for being a part of our Y Community! September's Membership Appreciation day is **Tuesday Sept. 17**. Stop by the Welcome Center desk for a free snack.

SPORTS & WELLNESS
EXCITING FALL PROGRAMS

- **YOUTH PROGRAMS**
Tots Soccer, Run! and Basketball, Elementary Basketball and Middle School Volleyball as well as a Middle School After School Program.
- **ADULT PROGRAMS AND CLASSES**
Tang Soo Do, Couch to 5K Ruck Training, Men's Basketball League, Silver and Fit Stretch and much more.
- **PICK-UP SPORTS**
Pickleball M/W/F 1-3pm, Sat 12:30 -1:45 pm, Sun 8:10-10:30 am.
Volleyball Tues 7:30-8:30 pm, Basketball Sun 10:30 am –12:00 pm.

COFFEE & CONVERSATION
Tuesday, Sept 10 10-11 am
Walk in the Park.
Call the Welcome Center to register. 724-834-0150.